



S A G E
PROSPERITY PARTNERS

TRANSFORMATIONAL COACHING

INTEGRATIVE HEALING PROGRAM



OVERVIEW:

TRANSFORMATIONAL COACHING

TAP INTO YOUR PURPOSE & HIDDEN GIFTS

Transformational Coaching & Integrative Energy Work

It's an important time of restructuring and healing our body, mind and spirit, as so many things are happening in our world, causing excessive stress and pain. The constant integration of technology creates a vibrational tension to all three areas. Any experience we have ever had, including the past forgotten or unaware of, is still held in the body/muscle memory. Whether it is a broken relationship, emotional pain, childhood wounds, grief, injuries/accidents, or trauma, the body stores the experience until the pattern is released through holistic treatment.

Integrative Energy Work heals from a holistic perspective, and has the potential to be a transformative tool for anyone. It positively harmonizes the body, mind and spirit to help release stagnant energy while revitalizing an individual's whole being.

Integrative Energy Work integrates several modalities into each session. Because everything affects us, both physically and energetically on some level, each person responds differently to different things.

Some of the tools used in healing our body, mind and spirit combine matrix energetics, vibrational healing therapy, meditation, breath work, creative visualization, clairvoyance, sound therapy, and crystal clearing.

Transformational Coaching is an approach that takes the entire human being (and his/her life experiences) into consideration. It addresses the mental, physical, psychological, emotional, and spiritual aspects of the Self. By following and connecting the dots of our life experiences, there is an understanding of how to integrate all for the purpose of healing, wholeness and well-being.

Benefits Include:

- Decreased anxiety
- Release stagnant energy
- Stop living on auto-pilot
- Reduced physical pain
- Decrease in stress
- Develop a new approach to living
- Improve depression
- Realize true potential
- Improve immune function
- Increased clarity in life
- Shift negative thoughts
- Align with a passionate purpose

CONTACT SAGE PROSPERITY PARTNERS FOR MORE INFORMATION

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TRANSFORMATIONAL COACHING

create profound ripples in the world

Create the Greatest Version of Your Self!

Unlock your greatest potential and discover who you truly are and what you are meant to do. This program combines mastering the principles of **The Greatest Gift**, holistic coaching and energy work together **to deliver life-changing outcomes**. Lisa creates the program specifically tailored for each individual to understand and behold their true Divinity.

For over 15 years, Lisa has birthed this program from her writings, courses and lectures into a rare body of work. This work holds a deep well of wisdom for healing old patterns, remove limiting beliefs, aligning self-love and creativity in your life, while expanding your understanding of the divine feminine language.

When you discover and connect the depth of creative genius within and realize your true sacred union with Divine Feminine and Divine Masculine at soul level, you become an unstoppable force, ready to anchor into your essence and become the soul you are meant to be from the inside out.

Through Lisa's work, you will open profound channels for healing and awakening the true spiritual power and discernment of wisdom and self-love. This work is meant to deepen your connection to your own inner Being and intuition, and awaken dormant DNA.

What Happens In A Coaching Session

Each session is designed to tap into one's gifts and reveal any blocks that may be interfering with success in life. Wounds and blocks are treated with great care, as they are doorways to personal power when faced and healed.

Transformational work is subtle but powerful. There will be moments of profound realization or "aha" in this work, which lay the foundation for long-term success and sustainability.

Program Details:

- 6-month duration
- Integrative weekly teaching tools & systems
- Vibrational alignment & how to use it daily
- Mindfulness meditation practices
- Breathing techniques
- New positive and sustainable thoughts and behaviors
- Measurement of progress and pattern identifiers
- Communications via email throughout the week
- Signed copy of "The Greatest Gift: Transformational Alchemy & Divine Illumination" - by Lisa M. Brazelton
- Weekly progression assignments

The Program Is Geared For Those Who Wish To:

- Find the element of awareness and remain in the present moment
- Develop a new approach to living with many stress-related conditions
- Understand mind-body connection and its natural healing components
- Improve self worth & relationships with others
- Have a better awareness of thoughts and feelings and how they affects daily life

Companion Book

The *Greatest Gift* is a contemplation book about how to become the greatest version of our Self. It is a journey into the Soul, pushing the envelope of what is known and finding comfort in the unknown. This book provides tools that may seem insignificant at first, but can lead to huge changes in life. Becoming aware of thoughts and words from the inside out allows fearlessness to emerge on all levels of emotional, physical and spiritual healing.

"Lisa eloquently and thoughtfully reminds us the importance of regaining an inner peace while living busy and hectic lives."

Amazon Reviewer | ★★★★★

"The Greatest Gift is a beautiful tapestry of inspirational words of wisdom and mindful exercises of contemplation that leads the reader on a journey to the center of their heart. Lisa takes us into the magic stillness at the center of Life where Joy and Love dance in ecstatic celebration. She has filled her book with multiple gateways of exploration into the ancient knowledge that we are all One, Beings of Love—Beings of Light. This book is truly an embodiment of the compassionate loving kindness that the earth and all of her inhabitants are seeking in today's world. Thank you Lisa for reminding us that the greatest gift we can give & receive is Love."

- B.R.



Our Experience

As a six-time business executive with 24 years of entrepreneurial experience and over 28 years of personal development, research and conscious leadership coaching, Lisa is a leading contributor to the field of human potential and a facilitator of personal and global change.

She believes in helping people unlock their potential and heal old internal programs by learning how to pay attention to one's experience in order to promote optimal health on all levels. Her work offers profound results when the inner work is applied.

Developing the mindfulness "muscle" creates the foundation for balance in life and, in particular, when facing challenges. By understanding one's trigger points and hearing the subconscious "chatter box," one can truly break free from old patterns.

Lisa's work as a Transformational Coach will help individuals tune into their own inner knowing via reflective compassionate mirroring, uncovering the deeper cause/root of any particular issue being dealt with (rather than the symptoms). Once this is established, she provides practical guidance and tools, which results in soul alignment, integration, and wholeness.

Each session is designed to tap into the gifts of your soul & to reveal any blocks that may be interfering with your success in life. Wounds & blocks are treated with great care and love as they are doorways to personal power when faced & healed.

COACHING TESTIMONIALS

*Ms. Brazelton is a very skilled life and executive coach who integrates listening, processing and coaching skills into a **healing program designed for the individual**. The challenges of life, specifically work and family, is often out of balance for many as it was for me and I continued down the same paths of repetitive mistakes and misunderstanding, never able to identify root cause and techniques for managing and resolving. In this program, the diagnosis was as important as the plan to remedy, and with Lisa's weekly coaching, I could understand and realize the path to recovery and regeneration. - **William R.***

*Lisa is able to harness her **powerful healing abilities** and, with pinpoint accuracy, direct them to the places of emotional, energetic & physical imbalance. It is a uniquely subtle and completely transformative experience unlike any other modality I have encountered. I highly recommend her! - **Wendy S.***





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WHAT IS MINDFULNESS?

Mindfulness is a conscious state of being of pure awareness in the present moment of reflection, clarity & intention. It is listening without judgment, actively passive in the ebb and flow of life, in the exquisite silence and the ultimate realization that The Universe always moves through us.

- **LISA M. BRAZELTON** | CO-FOUNDER, SAGE PROSPERITY PARTNERS