



S A G E
PROSPERITY PARTNERS

TRANSFORMING MULTIDIMENSIONAL CULTURES

THE MULTIDIMENSIONAL SELF

9 COURSES

guaranteed
TO CHANGE YOUR LIFE



COURSE OVERVIEW:

THE MULTIDIMENSIONAL SELF

ILLUMINATING THE PATH TO EMOTIONAL WISDOM

Empowering the Next Generation of Success Through Our Multidimensional Self Series

There is a paradigm shift occurring in leadership requiring executives to drive business results, while focusing on self-awareness, compassion and mindfulness within their organization.

The next generation of leadership is here and it goes beyond Emotional Intelligence, as it requires leaders to be **WHOLE**; a **holistic, purpose-driven, mindful** being with the wisdom of knowing thyself.

This program is geared for **Senior Executives** as it lays the groundwork for a metamorphic shift in Consciousness both individually and company-wide. It sets a new standard for a Consciously Centered Culture, expanding across all departments, all people, with combined success of profound proportions.

Who We Are

Sage Prosperity Partners has created the next level of Leadership Mindfulness. The ability to shift into Multidimensional Awareness while sifting through daily business chaos, and allowing insight, empathy and wisdom to reach extraordinary potential, is what we call Self Mastery.

CONTACT SAGE PROSPERITY PARTNERS FOR MORE INFORMATION

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THE MULTIDIMENSIONAL SELF

CURRICULUM INCLUDES:

01 THE POWER OF LISTENING DISCOVERING SELF AWARENESS

What we say and how others hear us can be remarkably different. The same is true with how we hear others against our inner voice. Learning how to bridge this language gap can mean the difference between being understood in healthy communications, or being misunderstood and diminishing our connection with others.

TOPICS INCLUDE:

- Responsible Communication
- Awareness Listening
- Barriers, Beliefs and Beyond

02 EMBRACING CHANGE

Whether we are eagerly anticipating change or change is forced upon us, understanding the process of change can greatly enhance our ability to embrace it. Discerning when to take charge and when to surrender control is the ability to tap into our intuition, and exercise this muscle to navigate with clarity and guide without resistance.

TOPICS INCLUDE:

- Resistance to Change
- Inner Confidence and Self Worth
- Cycles of Change

03 UNCOVER YOUR GREATNESS

We are accustomed to focusing on our faults and feel inadequate when we cannot fix them, change them or eliminate them. We have been taught to look for problems and then focus on solutions. When was the last time you appreciated something about yourself? Underneath the layers of pretense is an extraordinary soul waiting to be seen. Discover your hidden treasures and inner confidence.

TOPICS INCLUDE:

- Appreciative Inquiry
- Creative Genius
- Strengthening the Intuition Muscles

04 THE ORDER OF LIFE BE, DO, HAVE

What drives you in life? What informs the decisions you make and the activities you do? Are you looking for happiness outside of yourself? We have been taught that happiness follows the accumulation of things like wealth, recognition or connections. What if we have it backwards? Discover how joyful life can be when we put our state of Being first.

TOPICS INCLUDE:

- The Inner Working of Being
- Reversing the Order
- Expectations vs. Preferences

05 EVOLVING YOUR MIND

Our Brain is capable of continuous evolution. However, we often prohibit our minds from expanding, locking into negative thinking, complacency or stringent beliefs. Living in a state of fear fosters rigidity and continually destructive patterns of behavior. We have the power to change and create a new reality by transforming unbeneficial thoughts and reengaging our creative genius.

TOPICS INCLUDE:

- Quantum Physics of Energy Follows Thought
- Unlocking Negative Thinking
- Evolutionary Magic

06 GUIDING THE MENTOR WITHIN

Sharing our wisdom with others is a powerful way to give back to the community. Today more than ever, the necessity of guiding another through turbulent times is vital. Our unique perspectives deserve a voice, but not if viewed as compromising our knowledge in competition. When we understand who we are at the core and connect with the innate voice of wisdom, we can also guide our way to profound heights.

TOPICS INCLUDE:

- The Mentoring Climate
- Mentee vs. Mentor
- The Voice of Wisdom

WHAT IS MINDFULNESS?

Mindfulness is a conscious state of being of pure awareness in the present moment of reflection, clarity & intention. It is listening without judgment, actively passive in the ebb and flow of life, in the exquisite silence and the ultimate realization that The Universe always moves through us.

- LISA M. BRAZELTON | CO-FOUNDER, SAGE PROSPERITY PARTNERS

07 DESIGN AN EXTRAORDINARY LIFE

We use visualization to imagine our future. However, we don't realize the impact our thoughts have on the actual creation of our lives in the present moment. This course starts with understanding the power of our thoughts and how to modify our thoughts, words and actions to match a vibrational frequency to that which resonates a life filled with outrageous joy, abundance and health.

08 A LIFE IN BALANCE

Develop your awareness of how we spend our valuable resources of Energy and Time. While time is not renewable, our energy is. Learn how to tap into the quantum field of time, while identifying and prioritizing our values and what's really important in life. We can create a more conscious way of living, resulting in reduced stress, more joy and alignment of our greatest aspirations.

09 GUIDING THE MENTOR WITHIN

Once we begin our journey into self-awareness, we find the world around us has also evolved. The broader world in which we live becomes more vibrant and we feel more connected. We are present, alive and fulfilled, and our communications with family, community, and colleagues deepen. We become a witness to the evolutionary shift in the collective consciousness, and how we alone serve as a profound messenger for truth and well-being for all living things.

TOPICS INCLUDE:

- Creative Visualization
- Surrender Experiment
- Physiological Aspects of the Body / Mind

TOPICS INCLUDE:

- Quantum Energy and Time
- Emotional Wisdom
- Conscious Value Living

TOPICS INCLUDE:

- The Evolutionary Shift
- Witness the Greatness Within
- Your Internal and External Community



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